

MEDICATIONS THAT INTERFERE WITH ALLERGY TESTING

Many common medications, especially antihistamines, interfere with Allergy skin tests. Antihistamines are in many over-the-counter medications for allergies, colds and sinus problems. It is important to stop taking these medications at least **5-7 days prior** to your visit in case allergy tests need to be performed.

If you are currently experiencing significant skin symptoms such as hives (urticaria) or swelling (angioedema), or if you were put on antihistamines for a severe allergic reaction (anaphylaxis), **DO NOT STOP** your antihistamines without contacting our office at (614) 827-0009.

ASTHMA INHALERS – KEEP TAKING YOUR ASTHMA MEDICINE. NO ASTHMA MEDICINE WILL BLOCK ALLERGY TESTING.

Antihistamines – Hold for 5-7 days before visit.

PILLS

Allegra (Fexofenadine)
Atarax (Hydroxyzine)
Benadryl (Diphenhydramine)
Chlor-Trimeton
(Chlorpheniramine)
Claritin (Loratadine)
Clarinet (Desloratadine)
Hydroxyzine
Periactin (Cyproheptadine)
Tavist (Clemastine)
Vistaril (Hydroxyzine)
Xyzal (Levocetirizine)
Zyrtec (Cetirizine)
Carbinoxamine
Dramamine

Meclizine
OTC cough and cold
medicine with
Diphenhydramine
OTC sleep medicine with
Diphenhydramine (Unisom,
Tylenol PM etc

NASAL SPRAYS

Astelin (Azelastine)
Astepro (Azelastine)
Dymista--
(Azelastine/Fluticasone)
Patanase (Olopatadine)
Ryaltris--
(Olopatadine/Mometasone)

EYE DROPS

Bepreve (Bepotastine)
Clear Eyes (Olopatadine)
Elestat (Epinastine)
Lastacaft (Alcaftadine)
Optivar (Azelastine)
Pataday (Olopatadine)
Patanol (Olopatadine)
Pazeo (Olopatadine)
Zaditor (Ketotifen)

ANTACID Medications (H2 Blockers) (for reducing stomach acid) - Hold for 5-7 days before visit.

Pepcid (Famotidine) Zantac (Ranitidine) Tagamet (Cimetidine)

Other Medications – These medicines can block histamine and may prevent allergy skin testing at your initial visit. If you are taking these medications, please call the physician your are scheduled with to receive special instructions for your visit. DO NOT DISCONTINUE THEM UNLESS INSTRUCTED BY A PHYSICIAN.

Abilify (Aripiprazole)
Amitriptyline (Elavil, Endep,
Triavil, Limbitrol)
Amoxapine (Asendin)
Clomipramine (Anafranil)
Compazine
(Prochlorperazine)

Desipramine (Norpramin)
Doxepin (Sinequan, Adapin)
Imipramine (Tofranil)
Nortriptyline (Pamelor)
Phenergan (Promethazine)
Protriptyline (Vivactil)
Seroquel (Quetiapine)

Trazodone
Trimipramine (Surmontil)
Zyprexa (Olanzapine)

Oral Steroids – Call us if you are on more than 20mg Prednisone or 16mg of Medrol per day DO NOT STOP TAKING UNLESS DIRECTED BY A PHYSICIAN.