

## MEDICATIONS THAT INTERFERE WITH ALLERGY TESTING

Many common medications, especially antihistamines, interfere with Allergy skin tests. Antihistamines are in many over-the-counter medications for allergies, colds and sinus problems. It is important to stop taking these medications at least **1 week prior** to your visit in case allergy tests need to be performed.

If you are currently experiencing significant skin symptoms such as hives (urticaria) or swelling (angioedema), or if you were put on antihistamines for a severe allergic reaction (anaphylaxis), **DO NOT STOP** your antihistamines without contacting our office at (614) 827-0009.

**ASTHMA INHALERS – KEEP TAKING YOUR ASTHMA MEDICINE. NO ASTHMA MEDICINE WILL BLOCK ALLERGY TESTING.**

### **Antihistamines – Hold for one (1) week before visit.**

#### **PILLS**

Allegra (Fexofenadine)  
Atarax (Hydroxyzine)  
Benadryl (Diphenhydramine)  
Chlor-Trimeton  
(Chlorpheriramine)  
Claritin (Loratadine)  
Clarinx (Desloratadine)  
Hydroxyzine  
Periactin (Cyproheptadine)  
Tavist (Clemastine)  
Vistaril (Hydroxyzine)  
Xyzal (Levocetirizine)  
Zyrtec (Cetirizine)  
Carbinoxamine  
Dramamine

Meclizine  
OTC cough and cold  
medicine with  
Diphenhydramine  
OTC sleep medicine with  
Diphenhydramine (Unisom,  
Tylenol PM etc

#### **NASAL SPRAYS**

Astelin (Azelastine)  
Astepro (Azelastine)  
Dymista--  
(Aselastine/Fluticasone)  
Patanase (Olopatadine)  
Ryaltris--(Olopatadine/Mom  
etasone)

#### **EYE DROPS**

Bepreve (Bepotastine)  
Clear Eyes (Olopatadine)  
Elestat (Epinastine)  
Lastacaft (Alcaftadine)  
Optivar (Azelastine)  
Pataday (Olopatadine)  
Patanol (Olopatadine)  
Pazeo (Olopatadine)  
Zaditor (Ketotifen)

### **ANTACID Medications (H2 Blockers) (for reducing stomach acid) - Hold for one (1) week before visit.**

Pepcid (Famotidine)    Zantac (Ranitidine)    Tagamet (Cimetidine)

**Oral Steroids – Call us if you are on more than 20mg Prednisone or 16mg of Medrol per day DO NOT STOP TAKING UNLESS DIRECTED BY A PHYSICIAN.**

**Other Medications – Other types of medication may prevent allergy skin testing. If you are taking these medications, please call us to receive special instructions prior to discontinuing. DO NOT DISCONTINUE THEM UNLESS INSTRUCTED BY A PHYSICIAN.**

Abilify (Arapiprazole)  
Amitriptyline (Elavil, Endep,  
Triavil, Limbitrol)  
Amoxapine (Asendin)  
Clomipramine (Anafranil)  
Compazine  
(Prochlorperazine)

Desipramine (Norpramin)  
Doxepin (Sinequan, Adapin)  
Imipramine (Tofranil)  
Nortriptyline (Pamelor)  
Phenergan (Promethazine)  
Protriptyline (Vivactil)  
Seroquel (Quetiapine)

Trazodone  
Trimipramine (Surmontil)  
Zyprexa (Olanzapine)