MEDICATIONS THAT INTERFERE WITH ALLERGY TESTING

Many common medications, especially antihistamines, interfere with Allergy skin tests. Antihistamines are in many over-the-counter medications for allergies, colds and sinus problems. It is important to stop taking these medications at least 1 week prior to your visit so that tests can be performed.

If you are currently experiencing significant skin symptoms such as hives (urticaria) or swelling (angioedema), or if you were put on antihistamines for a severe allergic reaction (anaphylaxis), **DO NOT STOP** your antihistamines without contacting our office at (614) 827-0009.

### H1 Antihistamines (Oral) — Hold for 1 week before visit.

- **Actifed**
- **Benadryl (Diphenhydramine)**
- **Clarinex (Desloratadine)**
- **Dramamine (Dymenhydrinate)**
- **Optivar Eye Drops (Azelaistine Hydrochloride)**
- **Tylenol Allergy Sinus**
- **Unisom (Doxylamine)**
- **Zyrtec (Cetirizine)**

***MANY OTC SLEEP AIDS — CHECK FOR DIPHENHYDRAMINE***

### H1 Antihistamines (Nasal Sprays) — Hold for 1 week before visit.

- **Astelin/Astepro Nasal Spray (Azelaistine)**
- **Dymista Nasal Spray**
- **Patanase Nasal Spray (Olopatadine)**

### H2 Blocking Medications (for reducing stomach acid) — Hold dose 48 hours before visit.

- **Pepcid (Famotidine)**
- **Tagamet (Cimetidine)**
- **Zantac (Ranitidine)**

### Oral Steroids — Call us if you are on more than 20mg Prednisone or 16mg of Medrol per day. **DO NOT STOP TAKING UNLESS DIRECTED BY A PHYSICIAN.**

### Asthma Inhalers / Oral — These DO NOT interfere with allergy testing. **Continue taking as prescribed.**

- **Advair**
- **Alvesco**
- **Atovent**
- **Dulera**
- **Pulmicort**
- **Spiriva**

### Corticosteroid Nasal Sprays — These DO NOT interfere with allergy testing. **Continue taking as prescribed.**

- **Flonase (Fluticasone)**
- **Nasonex (Mometasone)**
- **Rhinocort (Budesonide)**

### Other Medications — Other types of medication may interfere with skin testing. If you are taking these medications, please call us to receive special instructions prior to discontinuing. **DO NOT DISCONTINUE THEM UNLESS INSTRUCTED BY A PHYSICIAN.**

- **Anafranil (Clomipramine)**
- **Elavil, Endep, Triavil, Limbitrol (Amitriptyline)**
- **Phenergan (Promethazine)**
- **Surmontil (Trimipramine)**
- **Vivactil (Protriptyline)**

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