

Ohio ENT & Allergy Physicians

OTC MEDICATION DOSING QUICK GUIDE

** FOR INFANTS UNDER 2 YEARS CONSULT YOUR DOCTOR**	0-2 years	2-3 years	4-5 years	6-8 years	9-10 years	11 years
Motrin – (Ibuprofen) Children's Suspension-100mg/5mL	ASK YOUR DOCTOR	5 mL	7.5 mL	10 mL	12.5 mL	15 mL
Tylenol - (Acetaminophen) Children's Suspension-160mg/5mL	ASK YOUR DOCTOR	5 mL	7.5 mL	10 mL	12.5 mL	15 mL
Claritin – (Loratadine) Children's Oral Solution-5mg/5mL	ASK YOUR DOCTOR	5 mL	5 mL	10 mL	10 mL	10 mL
Flonase – (Fluticasone) Nasal Spray	ASK YOUR DOCTOR	ASK YOUR DOCTOR	1 Spray Daily	1 Spray Daily	1 Spray Daily	1 Spray Daily
Zyrtec – (Cetirizine Hydrochloride) Children's Syrup- 5mg/5mL	ASK YOUR DOCTOR	5 mL	5 mL	5-10 mL	5-10 mL	5-10 mL
Benadryl – (Diphenhydramine) Children's Liquid- 12.5mg/5mL	ASK YOUR DOCTOR	ASK YOUR DOCTOR	5-10 mL	5-10 mL	5-10 mL	5-10 mL